



SAMDEN LING



Ngndro

Foundational Practices

The Longchen Nyingthig

'Heart Essence of the Vast Expanse'

Wednesday July 29th 2020

6pm Pacific Time

Lama Jacqueline Mandell

Lama Jacqueline Mandell is A Founding Teacher of Samden Ling. She was fortunate to have met A.dzom Rinpoche in 1996 at Samye Chimpu during a pilgrimage following in the footsteps of Dzogchen Lineage Masters. Jacqueline began training with Rinpoche on the very day she met him in Tibet during the month honoring the Buddha's Enlightenment. Prior to that she was a student of Chagdud Tulku Rinpoche.

December 25, 2003, while offering teachings on The Heart Essence of the Vast Expanse to a large audience, A.dzom Rinpoche formally authorized Jacqueline to teach the Longchen Nyingthig Ngondro. Previously, in 1971 Jacqueline had traveled to India where she began Buddhist Meditation practice in Bodh Gaya, with SN .Goenka. She received several notable authorizations to teach the Mindfulness/ Vipassana systems of Buddhism from Venerable Mahasi Sayadaw and Venerable Taungpulu Sayadaw. SaySayadaw, of SBurma.